

Food Support in Exeter

Beacon Centre (Exeter Foodbank)

Provides emergency food to people in crisis. Referral needed (for referral contact Exeter City Council, CoLab, school, GP surgery, or many other local organisations).

Hours: Wednesday & Friday from 10.00 to 12.00

Location: The Beacon, Pendragon House, Beacon Lane, Exeter EX4 8LZ

www.exeterfoodbank.org.uk

Bread of Life Outreach

Offers hot food, drinks, socks, hygiene items, sleeping bags, and dog supplies for people experiencing homelessness.

Location: Street outreach in Exeter and surrounding areas

<https://breadoflifeoutreach.co.uk/>

Cafe EX4

Tea, coffee and friendly conversation available to anyone over 18.

Hours: Thursday from 10.00 to 12.30

Location: Community Hall, Exeter Temple Salvation Army, Lucky Lane, Exeter EX2 4AZ

<https://www.salvationarmy.org.uk/exeter-temple>

Dove Cafe

Community cafe open to all, with volunteers and chaplains available to talk to anyone who would like a chat. Free wifi.

Hours: Tuesday – free drinks and biscuits between 10.30 and 12.00, followed by low-cost lunch from 12.00 to 13.45

Location: Lower Hall, Palace Gate Centre, 3 Palace Gate, Exeter EX1 1JA

<https://palacegatecentre.co.uk/dove-cafe/>

Exeter Foodbank

Provides emergency food to people in crisis. Referral needed (for referral contact Exeter City Council, CoLab, school, GP surgery, or many other local organisations).

Hours: Monday to Friday from 11.30 to 14.00

Location: 174/175 Cowick Street, Exeter EX4 1AA

www.exeterfoodbank.org.uk

Exeter FoodCycle

Free community meal cooked by volunteers and open to everyone. No booking needed. Parking and toilet facilities available for disabled visitors.

Hours: Tuesday at 18.30

Location: The Mint Methodist Church, Fore Street, Exeter EX4 3AT

<https://foodcycle.org.uk/location/foodcycle-exeter/>

Exminster Community Larder

Volunteer-run community larder open to everyone. Shelf-stable foods with fresh fruit and vegetables when available. Open every day.

Location: Exminster Methodist Church, Main Road, Exminster EX6 8BT

<https://www.westbank.org.uk/westbank-community-larder>

Exwick Community Larder

Community-run larder open to everyone. Topped up most days but contents vary.

Hours: Open all day but locked overnight

Location: Gloucester Road (near the bottom of Peterborough Road), Exeter EX4

Exwick Food Hub

Community larder offering shelf-stable food, frozen food, and fresh produce when available.

Hours: Every Friday from 10.00 to 12.00

Location: St Andrew's Church, Station Road, Exeter EX4 2AA

Heavitree & Pinhoe URC Food Larder

Community larder open to everyone.

Hours: Last Friday of each month from 10.30 to 12.30

Location: Heavitree URC, 86-88 Fore Street, Exeter EX1 2RS

HLC Community Larder

Volunteer-run community larder open to everyone. Shelf-stable foods with fresh fruit and vegetables when available.

Hours: Monday to Friday from 10.00 to 16.00

Location: Healthy Living Centre, Westbank, Farm House Rise, Exminster EX6 8AT

<https://www.westbank.org.uk/westbank-community-larder>

LOVE Food CIC (St Thomas)

Community organisation promoting local, organic, vegan, ethical food. Runs lunch clubs, cookery classes, food waste projects and hosts the St Thomas Community Fridge which is open to all.

Hours: Monday to Thursday from 10.00 to 15.00

Location: 95 Cowick Street, Exeter EX4 1JF

<https://lovefoodcic.co.uk/>

Olio

App for sharing surplus food and household items for free locally.

<https://olioapp.com/en/>

St Petrock's

Free food across Exeter for rough sleepers and people who are vulnerably housed, as well as day centre services.

Location: St Petrock's Centre, 10 Cathedral Yard, Exeter EX1 1HJ

<https://stpetrocks.org.uk/>

St Thomas Food Fight

Free hot food and drinks, plus fruit and snacks, from a community-run table. Open to everyone.

Hours: Sunday from 11.30 to 12.30

Location: Cowick Street outside Savers, Exeter EX4 1DG

The Community Cookery School (Westbank)

Offers cooking classes from a purpose-built teaching kitchen. Free to attend (with the possibility of making a donation). Cook and lunch sessions involve cooking together in a group and then sharing the meal afterwards. Family sessions available for adults and children to cook together.

Location: Westbank, Farm House Rise, Exminster EX6 8AT

<https://www.westbank.org.uk/community-cookery-school>